

Prepare Your Dog for Post-Quarantine Life

Encourage Independence

Set up a comfortable space where your dog can go for some quiet and relaxing time alone.



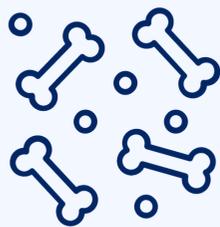
Practice Separation

Leave your dog home alone for short periods at first and gradually increase the time you're away.



Rethink Your Exit Strategy

Give your dog a treat or favorite toy when you leave. This helps create a positive association with your departure.



Mask Outside Noise

If your dog is easily startled by outside sounds, soothing music or a white noise machine might help.



Reward Calm Behavior

Don't make a fuss over your pup when you return home. You want to convey that it was "no big deal" that you were away. Give your dog attention when he's calm.



Change of Scenery

Hire a trusted dog walker to come for a midday visit to break up the day or look into sending your pup to day care.

