



For Immediate Release

Animal Medical Center's Dr. Leilani Alvarez Presents at the First Ever Canine Sports Medicine Conference in Russia: The Festival of Sports Medicine and Rehabilitation

Leilani Alvarez, DVM, DACVSMR, Staff Doctor and head of the Integrative and Rehabilitative Medicine Department at the Animal Medical Center, was the sole presenter at the Festival of Sports Medicine and Rehabilitation, the first ever canine sports medicine conference in Russia. Over 100 veterinarians, breeders, canine athletes and pet owners attended the two-day event, which was held on September 24-25 at the Educational Center of Russian College of Veterinary Specialists in Moscow.

Dr. Alvarez, one of few specialists worldwide who is board certified in canine sports medicine and rehabilitation, delivered 10 lectures and two workshops on a variety of topics, including: introduction to sports medicine; common injuries in working and sporting dogs -and how to avoid them; performance nutrition and supplements for sporting dogs; first aid for injuries; training strategies; injury prevention; massage techniques and trigger point therapies; rehabilitation exercises for strengthening; gait assessment; diagnosis of lameness; and new treatments for injuries.

“It was such an honor to participate in, and to be featured as the only speaker, at the first ever canine sports medicine conference in Russia,” said Dr. Alvarez.

“Veterinary sports medicine is a young and very fast-growing field all around the world. The number of canine athletes competing on a high level, and working dogs here in Russia, is increasing dramatically. However, the number of veterinary specialists capable of working with these patients is still very low,” said Anastasia Cherniavskaia, DVM, CCRT, from the Center for Animal Health and Rehabilitation “Zoostatus” in Moscow. “Dr. Leilani Alvarez is an amazing speaker who can deliver tons of very useful and valuable information to such a diverse group of people. It was very interesting and so inspiring to observe Dr. Alvarez in action.”

About Animal Medical Center

The Animal Medical Center is the world's largest non-profit animal hospital with 100+ veterinarians providing the highest quality medical care across 17 specialties. AMC's pioneering clinical research advances veterinary knowledge, and our education programs train the next generation of veterinary leaders and provide pet owners with quality pet health information. AMC is proud to offer our services 24 hours a day, 7 days a week. To learn more, visit: www.amcny.org.

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