

# Meaningful Ways to Memorialize Your Pet

#### Writing

- Write an obituary
- Journal (about thoughts, feelings, and memories)
- Write a letter to your pet
- Write a letter from your pet

#### **Ceremonies & Memorials**

- Hold a Service (can be formal or informal), can involve getting together with those who knew your beloved pet and everyone sharing their favorite memories
- Candlelight ceremony: see links below for virtual ceremonies (or light a candle yourself at home or at a place of worship without joining a service)
- Online Memorials: see links below
- Create a memorial video can post on TikTok/Instagram/Facebook
- Celebrate your pet's birthday, gotchaversary, and/or anniversary of death (make the anniversary "Pet's name" Day)
- Maintain a small memorial in the home can include candles, photos, fresh flowers, an urn, special items, etc.
- Rather than using a traditional urn, find a vessel that suits your pet and their personality
- Plant a tree, flower, or other plant to honor your pet

#### **Imagery & Mementos**

- Get a tattoo in your pet's memory
- Purchase a memory book with prompts (one example: <u>And I Love You Still... A Thoughtful</u>
   <u>Guide and Remembrance Journal for Healing the Loss of a Pet</u> by Julianne Corbin, Ph.D)
- Create a scrapbook or photo album
- Frame your pet's collar
- Create a memory box with special keepsakes
- Wear your pet's dog tag as a necklace, or create/purchase a piece of memorial jewelry
- Create (or commission) a drawing, painting, or other art piece
- Customizable paint by numbers kit of your pet
- Print and frame special photos
- Carry around one of their toys for good luck, comfort

Denise and Michael Kellen Institute for Surgical Care | The Cancer Institute

The Elmer and Mamdouha Bobst Hospital | Anna-Maria and Stephen Kellen Institute for Postgraduate Education
Caspary Research Institute | Chris and Bruce Crawford Feline Health Institute

Emilia Saint-Amand Krimendahl Institute for Trauma Care | Ann and Charles Johnson One Health Institute
Usdan Institute for Animal Health Education



Customized stuffed animal of your pet (Etsy, <u>Cuddle Clones</u>, <u>FurKid Studio</u>)

#### Support a Cause in Your Pet's Honor

- Make a donation in your pet's memory (toys, food, and/or monetary) most animal shelters welcome donations of unopened food, toys, or other pet supplies
- Volunteer at a local animal shelter or rescue

## Memorialize Your Pet During the Holidays

- Send thank you cards to those who have supported you through the loss
- Keep up tradition and send holiday cards with your angel pet
- Display a stocking, ornament, or other holiday decoration in memory of your pet
- Incorporate a dedicated time to talk about memories of your pet
- Print, paint, or draw a festive photo of your pet to display around the holidays
- Display a photo of your pet in the room where you are celebrating holidays
- When gathering with loved ones, go around the group and have everyone share a favorite memory of your pet
- Visit the Central Park Memorial Christmas Tree and leave a picture of your pet

### **Online Memorials**

- Lap of Love Online Memorial Page
- Paw Prints From Heaven
- Paws & Remember
- Critters.com
- <u>Letters to Pushkin | A place of comfort and healing Provides a space to write a letter to your beloved pet (options include private and public)</u>

## **Candle Ceremonies**

- Rainbows Bridge Monday Night Candle Ceremony Monday evenings at 9pm EST
- Pet Loss Candle Ceremony Monday evenings at 10pm EST

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